

What is the Smile Analysis Survey?

Have you ever looked at a stranger's smile and immediately recognized something about their personality? Did you ever wonder what people think of you when you smile? Are you curious to discover what the corners of your lips, the arch of your eyebrows, the lift of your cheeks, and other parts of your smile reveal about you? Would you like to gain insights into how you come across to others? Well the free smile personality analysis is a brief survey that will give you a fun snapshot of your personality!

The smile analysis is based on nonverbal communication and personality research. It is designed to be a fun snapshot of your personality, no couches or inkblots are needed to apply!

1. Which of the following best describes the physical aspects of your smile?

- a. ___ I keep my mouth closed and my lips fairly tight and sometimes my mouth goes down at the corners.
- b. ___ When I smile my whole face moves, my mouth goes up at the corners, my cheeks go up and my eyes crinkle at the corners.
- c. ___ When I do smile it is larger than most peoples.
- d. ___ When I smile my mouth goes up at the corners, but not too far.

2. Which of the following best describes the way your smile comes and goes on your face?

- a. ___ It comes on slowly and is steady and stable.
- b. ___ It comes quickly and stays on my face a while. I almost have to focus to make it go away.
- c. ___ It comes on slowly and fades out slowly.
- d. ___ It's here then it's gone.

3. Which of the following sets of words best describes how you see your smile?

- a. ___ Kind and Friendly
- b. ___ Confident and Powerful
- c. ___ Expressive and Spontaneous
- d. ___ Reserved and Diplomatic

4. Which of the following scenarios most closely describes how you feel and how you smile when you're photographed with friends and family?

- a. ___ I enjoy the connection to others, so I would smile, but not typically a big smile.
- b. ___ I don't really like being photographed. Sometimes I smile, but not every time.
- c. ___ I either smile largely or don't smile at all.
- d. ___ I typically have a good time & don't mind being photographed, so I give an enthusiastic smile.

5. Which of the following best describes your smile?

- a. ___ Animated and Lively
- b. ___ Warm and Polite
- c. ___ Discrete and Appropriate
- d. ___ Direct and Energetic

6. Which one of the following best describes how often you smile? Please choose only one:

- a. ___ I smile all the time, people comment my smile
- b. ___ I smile quickly, but I wouldn't say I smile all the time
- c. ___ I'm not a big smiler, but I mean it when I do smile
- d. ___ I smile often, I like how it makes others feel

7. If others view your smile as being like you, ideally they would say your smile is:

- a. ___ Gentle and Considerate
- b. ___ Sincere and Diplomatic
- c. ___ Decisive and Independent
- d. ___ Fun and Optimistic

8. What is the most likely thing to make you smile?

- a. ___ When I accomplish a task quickly and effectively
- b. ___ When I do something correctly or solve a problem
- c. ___ When I do something well or I'm recognized for doing a good job
- d. ___ When I'm able to help others

9. You would be most likely to smile as you say which of the following sentences:

- a. ___ I enjoy telling stories and entertaining people
- b. ___ I like working with people who get along
- c. ___ I know what I want and I go after it
- d. ___ There's a right way to do things

10. What do you think makes a great natural smile?

11. What do you think about a person who smiles frequently?

12. What's one thing you would love to know about smiling?

Gender: ___ Female or ___ Male

Age: ___ under 25 ___ 25 to 40 ___ 40 to 55 ___ 55 and up

How to Score Your Survey

Use the key below to tally up your answers and record them in the totals section also located below. To discover what your smile personality type is, see which smile personality type has the highest number and read the corresponding description, located under the key. Once you've discovered your smile personality type don't forget to email your completed survey to Patti@PattiWood.net.

KEY

1. Which of the following best describes the physical aspects of your smile?

- a. A I keep my mouth closed and my lips fairly tight and sometimes my mouth goes down at the corners.
- b. I When I smile my whole face moves, my mouth goes up at the corners, my cheeks go up and my eyes crinkle at the corners.
- c. D When I do smile it is larger than most peoples.
- d. S When I smile my mouth goes up at the corners, but not too far.

2. Which of the following best describes the way your smile comes and goes on your face?

- a. S It comes on slowly and is steady and stable.
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- a. S I enjoy the connection to others, so I would smile, but not typically a big smile.
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- d. S When I'm able to help others

9. You would be most likely to smile as you say which of the following sentences:

- a. I I enjoy telling stories and entertaining people
- b. S I like working with people who get along
- c. D I know what I want and I go after it
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Totals: ___D-river ___S-upporter ___I-nfluencer ___A-nalyzer

Smile Personality Type Descriptions

There are four distinct personality types. No one type is better or worse than any other type. Not everyone is purely one personality type. Some of us are a combination of types. Each type description is for someone who scores high on one particular type. If your scores were close on any of the types read the description for both types to see what characteristics best describe you. You may find that you are a mixture of types. If so, you enjoy having the benefits and talents of more than one personality type.

Driver-- Your lifestyle is active and fast paced. You are always on the go. You want to get things done. You do all sorts of things at the same time because you think, "Why do one thing when you can do three or four?" You enjoy solving problems, meeting challenges and competing. Your communication style is fast, direct, and to the point. You make
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decisions quickly. You are impatient with people who waste your time. You tell it like it is. You're adventurous, bore easily and are willing to take risks. You can challenge the status quo and break the rules. You gain energy from being in charge and meeting new goals. You make direct eye contact and shake hands confidently. You set high standards for yourself and for others. You get things done.

Supporter-- You are warm friendly and like a relaxed pace. People describe you as loyal, steady and dependable. Your relationships are the most important thing in your life. You are cooperative and a team player and you will work to avoid conflict and get along, even making personal sacrifices to do so. You speak slowly and thoughtfully. People say you are a good listener, though sometime you feel interrupted by others. You don't rush in, but instead you look carefully before taking action. You are helpful, supportive and nurturing of others. You are the shoulder to cry on and the one who remembers birthdays. A good day for you is when everyone gets along and you have helped others. You prefer working patiently, behind the scenes getting one thing done at a time. You like to know what you are going to do every day.

Influencer-- You are spontaneous and live life to the fullest. You are a leader and you want to be noticed and appreciated for your ideas and what you do. You are social and outgoing. You don't like to waste your time or energy on boring details or the same old routine tasks. You are boisterous, imaginative and playful. You love to share a good story or a bit of humor and your animated voice and body language help you communicate well. You tend to ignore the rules, since you don't think they really apply to you. Your enthusiasm is contagious and you get the party going and the group motivated. You enjoy a good conversation whether it is on the phone, over dinner or out socializing. A good day is when you brought out the best in someone else or when someone noticed your talent and work. You are optimistic, charming, a real people person. You want people to like you. You see the "big picture" and can inspire others.

Conscientious/Analyzer-- You are smart, careful and accurate analyzer. You are a deep thinker who considers the details before you speak. You catch mistakes that others miss. You have great insights and opinions, but you don't always get a chance to express them. You like to read books and other activities that make you think. You like to work by yourself and relax at home, because you enjoy solitude. You like to take your time, play by the rules and wish others would do the same. You have a place for everything and that makes your life organized and easy. People may have a hard time reading your body language and knowing what you're thinking or feeling because you like to keep your emotions to yourself. Others might consider you a serious person, but you do see and create humor in things that others might miss. You want to be right and value being seen as accurate and logical. You have high standards and others may say you are a perfectionist.

Patti Wood MA, CSP, the Body Language Expert

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